

SLEEP WALK

DALLAS FORT WORTH * 2015

Join **Project Sleep** & the **Dallas/Fort Worth Narcolepsy Friends** in celebrating sleep health & sleep disorder awareness!

When: Saturday June 13, 2015 at 10:00 a.m.

Where: River Legacy Park, 701 NW Green Oaks Blvd, Arlington, TX

Who: People with sleep disorders, sleep professionals, friends, family, ALL are welcome!

Register at: <https://www.eventbrite.com/e/sleep-walk-dallas-fort-worth-2015-tickets-16621828336>

Theme: Pajama Party!!! Awards to be given for best costume.

What to bring: Walking shoes, friends, friendly pets, picnic lunch *Water will be provided

SCHEDULE OF EVENTS

- 10:00 - 10:30 a.m.** Check-in and T-shirt pick up
- 10:30 - 11:00 a.m.** Warm up and Announcements
- 11:00 a.m.** Walkers Depart for scenic 2 mile walk
- 11:45 a.m.** Walkers Return
- 11:45 - 12:00 p.m.** Special Guest Remarks
- 12:00 - 12:15 p.m.** Awards
- 12:15 - 2:00 p.m.** Group Picnic (bring your own), Bounce House, Face Painting (small fee), and family friendly games

EVENT CONTACT: Gina Dennis, Event Coordinator, at dfwnarcolepsyfriends@gmail.com

PURCHASE EVENT T-SHIRTS AT <https://www.booster.com/sleepwalkDFW2015>

Sleep Walk Dallas/Fort Worth 2015 is a Project Sleep signature event, hosted with DFW Narcolepsy Friends.

www.project-sleep.com

