

SLEEP WALK

TAMPA BAY FLORIDA * 2014

Join **Project Sleep** to celebrate
sleep health & sleep disorder awareness!

When: Sunday August 31, 2014 at 9:00 a.m.

Where: TradeWinds Island Resort (Meet at the SeaBreeze Terrace)
5500 Gulf Boulevard St. Pete Beach, Florida 33706

RSVP: via email to SleepWalkTB@gmail.com

What to bring: Suggested \$5 donation, beach walking shoes & friends

Contest: Got sleep spirit? Design a sign or costume promoting sleep awareness! Win fun prizes!

SCHEDULE OF EVENTS:

8:30 a.m. Registration Opens

9:00 a.m. Welcome

9:30 a.m. Walkers Depart (1.5 miles on beach)

10:15 a.m. Walkers Return for Post-Walk Celebration

EVENT CONTACT:

Jessica Davenport – 727-798-0174 & SleepWalkTB@gmail.com

PARKING:

Public parking is available ½ mile south at St. Pete Beach Access or ¾ mile north at Upham Beach. Parking at TradeWinds Island Resort cannot be guaranteed for the busy Labor Day weekend. Please leave early so you have time to park.



SLEEP WALK TAMPA BAY is part of Project Sleep's signature SLEEP WALK event series. Project Sleep is a non-profit organization raising awareness about sleep health & sleep disorders.

www.project-sleep.com